

GIVING HOPE FOR LIFE



MALTA HOUSE, INC.
2014-2015 ANNUAL REPORT





EMPOWERING CONFIDENT AND CAPABLE MOTHERS

Making a difference in the lives of mothers and their children through improved programming and partnerships.

Fiscal year 2014-2015 was a productive and exciting year at Malta House.

Now three years into my position as Executive Director at Malta House, I have seen mourning turn into dancing as many of our women have grown more independent and are thriving outside the doors of Malta House. These young ladies are survivors, they are strong and sometimes wise beyond their years. They need to be encouraged as they are strengthened through education and their demonstration of God's love.

During fiscal year 2014-2015, we served a total of 20 families in our Residential Program—20 mothers and 17 children. Of the 17 children, 9 babies were born while their mothers resided at Malta House, achieving our mission of promoting the dignity of God-given life by providing a nurturing home environment, support services, and independent living skills training to pregnant and parenting mothers of all faiths and their children. At the end of our fiscal year, 7 mothers were interdependent (returning to family and/or living with friends/extended family) and 4 were independent with support. On June 30th, the end of our fiscal year, we had 7 residents, all were employed and 2 were enrolled in classes at Norwalk Community College.

At the end of our fiscal year we were serving 30 families in our Partnering Success Program. Of the 30 families, 5 were residents during the fiscal year, 12 were residents within the last three years, and 13 lived at Malta House prior to November 2012, the year I started my journey at Malta House.

In our Outreach Program we served an average of 37 families per week during our fiscal year—returning over \$40,000 of in-kind donations back into the Norwalk community.

This year the team initiated the use of two new “outcome measure” tools to track the progress of our residents as well as determine where in our resident program we need to focus our attention.

- The first is the Life Skills Progress (LSP) instrument. The LSP instrument is a tool used to address 43 individual categories of life skills that reflect the array of basic skills needed to live and parent well. We are currently using this as a coaching tool to help our moms build on existing strengths and explore their challenge areas.
- The second is a model that uses multiple tools. The Parents As Teacher (PAT) model is an evidenced-based early childhood home visiting program that builds strong communities; thriving families; and children who are healthy, safe, and ready to learn. Certified parent educators who implement the PAT model emphasize parent interaction, development-centered parenting, and family well-being. Malta House uses the PAT model to help our new moms raise thriving babies. We no longer rely on outside resources to bring us this model as our staff are now trained and certified to facilitate the PAT model.

EMPOWERING CONFIDENT AND CAPABLE MOTHERS

Our Women & Wisdom Program has expanded to include more intentional self-study and self-reflection along with weekly classes for spiritual development. Group discussion is followed up by each mother using the self-study and reflection section of the course work during individual quiet time.

This fiscal year we also initiated a level system with our moms that is designed to enhance goal setting and simplify program expectations as it includes incentives and milestones. To date, we have graduated two moms through the level system.

With the initiation of our strategic planning process early this summer, I am encouraged by the support of board members and staff as we come together to provide programming that strengthens our families in almost every aspect of their lives. Through our hard work and dedication to our mission, Malta House can only become better at helping families establish a foundation built on their faith, their finances, and their goal-oriented direction toward independence.

On behalf of the families at Malta House I would like to thank you for your financial support—but more importantly I am thankful for your prayers.

“As you help us with prayer, so that thanks may be given by many on our behalf for the gift granted us through the prayers of many.” (2 Corinthians 1:11)

Lucy Freeman
*Executive Director,
Malta House, Inc.*



EMPOWERING CONFIDENT AND CAPABLE MOTHERS

June 30th not only marked the end of our fiscal year, but also the end of John Altieri’s many years as Chair of the Malta House Board of Directors. On behalf of my fellow Board members, I express great gratitude to him for his dedicated service to Malta House. John will be our first Director Emeritus and I look forward to continuing to work with him in that role.

As Lucy mentioned, this past June the Board and staff began a strategic planning process, affirming our Mission and defining our Vision: We will become a beacon within the state to increase awareness of the importance of the dignity of God-given life, by expanding the population we serve, and the services we provide, to support long-term growth for our mothers and their families. In doing so, we will strengthen the family unit and make a positive impact on the community.

The strategic objectives we established will guide us for the next couple of years as we focus on building a strong financial base to ensure that Malta House will continue to serve pregnant and parenting women for many years to come, and on enhancing our infrastructure so that we can increase the number of women and children that we serve on a daily basis—particularly women with more than one child or with older children. More than 40% of the inquiries received this past year about Malta House services were from women who needed our assistance, but were denied because our facilities cannot accommodate larger families or families with children older than the age of three.

During my first few months as Chair I have been so impressed with the commitment of the Malta House staff and Board members to fulfilling our mission and making our vision a reality. In my new role, I look forward to meeting many of you—the volunteers who give so unselfishly of your time and the generous benefactors of Malta House.

In closing, let me echo Lucy’s sentiments—on behalf of the Board of Directors, the staff, and the many mothers, babies and children we have served this year, thank you for continued support and prayers. May God continue to bless you and those you hold dear.

Kim Petrone
*Board Chair
Malta House, Inc.*

LOVINGLY SERVING MORE MOTHERS AND CHILDREN

We are doing this everyday through four successful and growing programs that serve the needs of our community.

Residential Program | Since 1998, Malta House has been providing a nurturing home environment, support services, and independent living skills training to expectant and new mothers. Through educational programs in Health, Nutrition, Parenting, Spirituality and Child Development, Malta House is providing the training needed to be effective parents. All mothers receive this guidance from dedicated staff which is needed to foster a positive self-image for themselves and their children. Personal finance and budgeting advice is offered to promote self-sufficiency as our young families assimilate back into the community. All residents entering the program without a high school diploma are expected to participate in an individualized educational component to either obtain their high school diploma or GED. Tutoring is made available through our volunteer program as needed. Residents with a high school diploma are encouraged to explore their career interest and return to school to prepare for such a career while moving toward self-sufficiency.

Women & Wisdom Program | The foundation of the mission of Malta House has been, and continues to be, dedicated to the vision and teachings of the Christian faith that each new life is a gift from heaven. Based upon this call, Malta House's Women & Wisdom Program has been created as an integrative formational program to serve that purpose. This program is dedicated to the spiritual and moral well-being of each woman. It is a knowledge-based program for character and moral development allowing each individual to flourish and to discover her gifts as a child of God, and the life she has been called to live through experiencing and knowing her call to the dignity and vocation of being a woman. Weekly classes for learning and discussion are followed up by each mother using the self-study and reflection section of the course work during individual quiet time.

Partnering Success Program | Created based upon need, the Partnering Success Program serves former residents upon completion of the residence program, and entrance into independent living. The services provided are based on individual needs and may include counseling, case management, assistance with childcare, transportation, medical advocacy, housing, spirituality and education. This ongoing support is designed to assist former residents during their transition to independent living, helping them to provide a better life for themselves and for their children. This program served 30 families in 2014-2015 and is growing rapidly as we continue to add new families.

Outreach Program | The needs are great in the community that surrounds Malta House. Based upon need, Malta House has created an Outreach Program that serves the greater Norwalk community. This outreach offers a Baby Pantry and additional items essential to supporting families. Malta House receives many generous donations of baby equipment, clothing, diapers and food. We have become known as a resource for these necessities and feel fortunate that we are able to share our bounty with former residents and other mothers in need.

Partnerships

As part of the culture of Malta House, our dedicated Life Skills Coaches work tirelessly to create and coordinate accessible educational, employment and resource programs. Many of these programs are designed internally, but many others rely on partnerships with organizations and businesses within our local communities.

During this year, Malta House offered the following internal programs and community partnerships. We are grateful to all our partners who help ensure that the Malta House program offerings provide dynamic opportunities for our families:

- **Charter Communications**
Employment Counseling
- **Community Plates**
Food Donations
- **First County Bank**
Money Matters–Budgeting & Finance Workshops
- **Dress for Success**
Apparel Resources
- **Family Centers, Inc./Birth To Three/Visiting Nurses Services**
Child Development
- **Family Centers, Inc.**
Employment Services
- **Food Bank of Lower Fairfield County**
Food Resources
- **Order of Malta**
Hospitality & Prayer
- **Pastor Lenore Jordan & Team**
"Valuable Me" Self-Esteem Workshops
- **Room to Grow**
Preschool Care
- **Saint Joseph Parenting Center**
Parenting Workshops
- **Speech Crafters**
Presentation and Image Workshops
- **Stepping Stones Museum for Children**
Children's Activities
- **The Diaper Bank**
Diaper Delivery

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Malta House is deeply grateful to the individuals, businesses, foundations and organizations that support us every day.

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Life Skills Coach
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Life Skills Coach
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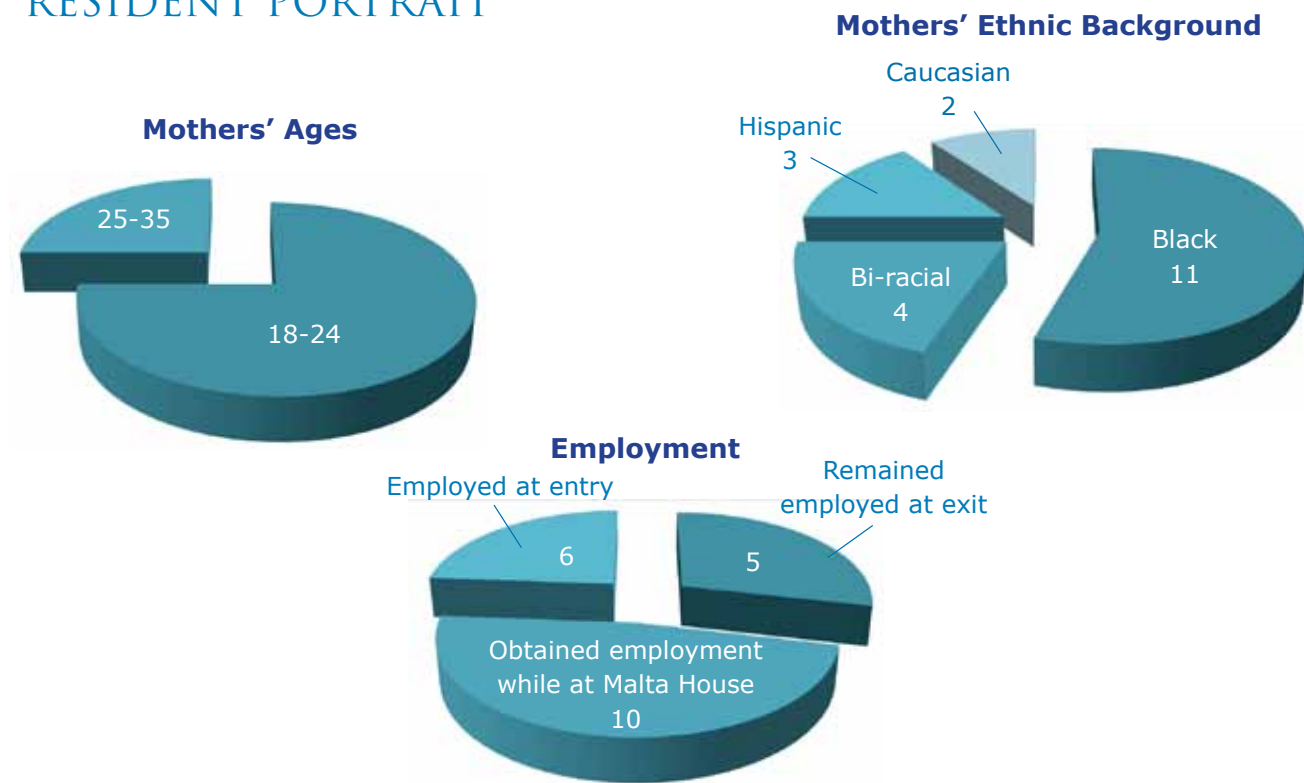
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ST. GERARD MAJELLA LEGACY SOCIETY

In 2013, Malta House established the St. Gerard Majella Legacy Society to recognize people who are planning for gifts today that will provide benefits to Malta House, Inc., in the future. These gifts may take the form of bequest, charitable remainder trust, life insurance or other types of charitable planned gifts. Such gifts provide assurance that our mission will be able to continue providing Hope for Life to future mothers and babies most in need of our nurturing assistance, guidance and love.

Sometimes such gifts go unrecognized because they come at the end of the donor's life. The St. Gerard Majella Legacy Society provides a way for Malta House to recognize and thank donors during their lifetimes. Members of the St. Gerard Majella Legacy Society will be recognized in Malta House, Inc., printed materials and invited to periodic events.

If you are interested in learning more, several of our board members and staff are available to discuss estate and gift planning questions and opportunities. Please contact Malta House executive director Lucy Freeman at lfreeman@maltahouse.org, or 203-857-0088 if you would like to set up a meeting.

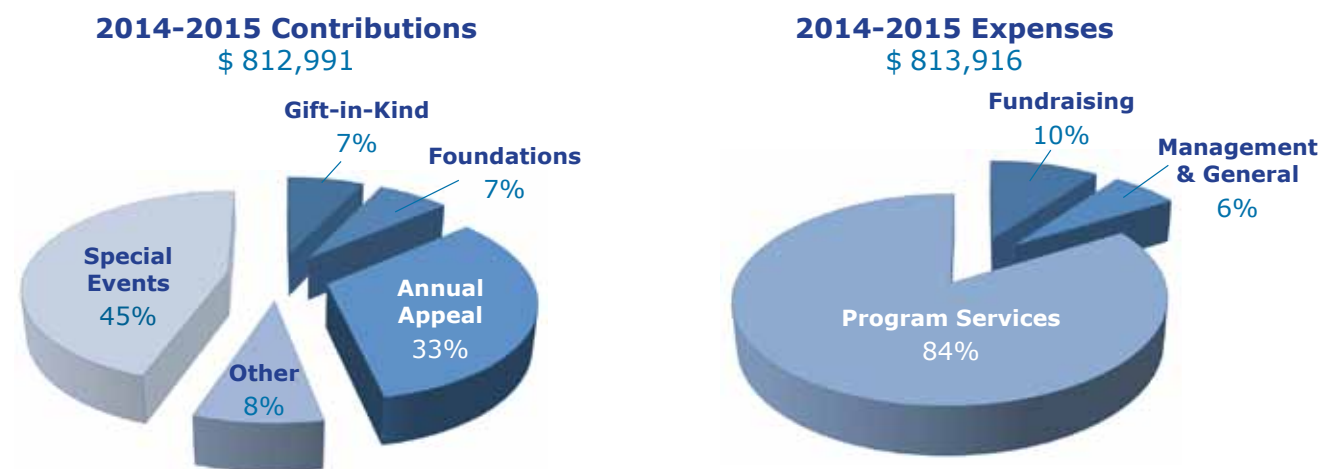
Contributors

Rev. Gerald T. Devore*
 Mr. Hubert J. Schlafly*
 A Family of Friends of
 the Malta House Mission

*Deceased



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All photos taken at Malta House: Michelle Babyak

Graphic design and illustration: Audrey Cozzarin



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to visit Malta House and
thank you for your support



MALTA HOUSE, INC.
5 Prowitt Street Norwalk, CT 06855
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